



World Triathlon  
Para Cup  
YENISEHIR  
2024



Europe  
Triathlon  
Junior Cup

Yenisehir  
2024



# Athlete's Guide

20 - 21 April 2024

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A very warm welcome to the first World Triathlon Para Cup Yenisehir!

It is with great pleasure that this beautiful city joins our 2024 Para Cup circuit in this most important of Paralympic years, providing another opportunity for our Para triathletes to earn qualification points and find their best form ahead of Paris 2024.

The Turkey Triathlon Federation has a long and rich history of hosting first-class triathlon events, reaching right back to the first Europe Cup in 1992, and we are proud of all that has been achieved in this great country. Congratulations on these past decades of success in bringing our sport to new audiences and inspiring new generations to take it up, and for bringing Yenisehir to the Para Cup level.

Here on the edge of the Mediterranean the athletes will have a stunning course to tackle, swimming the crystal-clear ocean and biking and running through the palm trees to the tape.

My thanks go to the LOC and Turkey Triathlon Federation for all their hard work in putting together this magnificent stage for racing, and to all of the officials and volunteers who help ensure the smooth running of the event. To the athletes, good luck in achieving your goals, whatever they may be, and I hope that you all get the opportunity to enjoy this stunning part of Turkey over the coming days.

Yours in sport

**Marisol Casado**

World Triathlon President

IOC member



Dear sports fans,

We are very excited to host the 2024 World Triathlon Para Cup Yenisehir and 2024 Europe Triathlon Junior Cup Yenisehir.

Athletes from all over the world will swim in the blue waters of the Mediterranean, run along its dazzling coast and cycle in the shade of palm trees in the beautiful weather of Yenisehir District of Mersin.

The world's best para triathletes and Europe's rising young triathletes will compete in Yenisehir/Mersin. We are impatiently waiting for the wonderful athletes who will come to our city.

We hope that you will discover the beauties of Mersin and experience unforgettable moments in this unmatched nature with the hospitality of our locals.

We are excited for and bear the responsibility of hosting an international organization and we are ready to host you in the best way possible.

See you in Mersin Yenisehir on 20-21 April...

Stay healthy and sporty.

**Abdullah Ozyigit**

Mayor of Mersin Yenisehir Municipality



Dear Triathlon Enthusiasts,

In recent years, Turkey has emerged as a rising value in Europe and the world, notably through its successful organization of international competitions.

We are once again united by two significant races: the 2024 European Junior Cup and the Para triathlon World Cup in Yenisehir...

Entering our national activity calendar five years ago, Yenisehir, with its unique climate and nature, located in a wonderful location, is growing year by year, adding on to its achievements, aspiring to become a second favorite course following the Alanya Triathlon, one of the oldest races in the history of world triathlon.

Our journey of organization, which started at a national level in Yenisehir, has evolved over time into a European race and now into a European and world cup. I would like to extend my gratitude to our athletes, who have been part of this success, the Municipality of Yenisehir, and the European Triathlon Union and World Triathlon Union for their trust.

Looking forward to seeing you at new races in Yenisehir...

**Bayram Yalcinkaya**

President of the Turkish Triathlon Federation

## 1. GENERAL INFORMATION

### 1.1. INTRODUCTION

The purpose of the Athlete's Guide is to ensure that all athletes, coaches and Team Leaders are well informed about all procedures concerning the Event. The LOC ensures that the information contained in this Guide is correct and up-to-date as of the production date. However, athletes, coaches and Team Leaders are advised to check with the event office regarding any changes in information included in this guide.

### 1.2. KEY DATES

Date	Action	Time	Place
19.04.2024	Swim Familiarization-Para	12:00 - 13:00	Venue
19.04.2024	Swim Familiarization-Junior	13:00 - 14:00	Venue
19.04.2024	Race Briefing and Race Package Pickup-Junior	18:00 - 19:30	Atatürk Culture Center
20.04.2024	Bike Familiarization-All	06:30 - 07:15	Venue
20.04.2024	Run Familiarization-Para	07:15 - 08:00	Venue
20.04.2024	Race Start -Junior Women	13:30	Venue
20.04.2024	Race Start - Junior Men	16:00	Venue
20.04.2024	Award Ceremony - Junior Women and Men	17:30	Venue
20.04.2024	Swim Familiarization - Para	16:30 - 17:30	Venue
20.04.2024	Race Briefing and Race Package Pickup-Para	18:30 - 20:00	Atatürk Culture Center
21.04.2024	Race Start PTVI 1 - Men	12:30	Venue
21.04.2024	Race Start PTVI 2/PTVI 3 - Men	12:32:41	Venue
21.04.2024	Race Start PTVI 1 - Women	12:34	Venue
21.04.2024	Race Start PTVI 2/PTVI 3 - Women	12:37:11	Venue
21.04.2024	Race Start PTWC 1 - Men	12:45	Venue
21.04.2024	Race Start PTWC 2 - Men	12:48	Venue
21.04.2024	Race Start PTWC 1 - Women	12:50	Venue
21.04.2024	Race Start PTWC 2 - Women	12:53	Venue
21.04.2024	Race Start PTS 5 - Men	15:15	Venue
21.04.2024	Race Start PTS 5 - Women	15:16	Venue
21.04.2024	Race Start PTS 2/3/4 - Women	15:35	Venue
21.04.2024	Race Start PTS 4 - Men	15:45	Venue
21.04.2024	Race Start PTS 2/3 - Men	15:46	Venue
21.04.2024	Award Ceremony - Para	17:45	Venue

### 1.3. KEY CONTACTS

-Yenişehir Municipality, Sports Director: İnan Günal, [lavin\\_inan@hotmail.com](mailto:lavin_inan@hotmail.com)

-Race Director: Caner Algün, [caneralgun@triathlon.org](mailto:caneralgun@triathlon.org) +905346788013

-Event Director: Edip Kunt, [edip.kunt@yenisehir.bel.tr](mailto:edip.kunt@yenisehir.bel.tr) +905529450297

-Technical Delegate: John PETRIDES, [johnpetrides@outlook.com](mailto:johnpetrides@outlook.com), +447808975799

-Assist. Technical delegate: Begüm Özükren KASAPOĞLU, [drbozuekren@yahoo.com](mailto:drbozuekren@yahoo.com), +905327108914

- World Triathlon Team Leader: Eric Angstadt [eric.angstadt@triathlon.org](mailto:eric.angstadt@triathlon.org) +34 610533071

- Europe Triathlon Office: [hq@europe.triathlon.org](mailto:hq@europe.triathlon.org), +32478825456

- World Triathlon Office: [hdq@triathlon.org](mailto:hdq@triathlon.org), +41216146030

#### **1.4. CONTACT DETAILS**

LOC : Yenişehir Municipality

Adress: Limonluk Mahallesi, Vali Hüseyin Aksoy Cd. No:3, 33120 Yenişehir/Mersin

E-mail: [info@triathlonyenişehir.com](mailto:info@triathlonyenişehir.com)

Phone Number: +905380685786

National Federation: Türkiye Triathlon Federation

Maltepe mah Şehit Daniş Tunaligil Sok. No:3 Daire:15 Çankaya / Ankara

[turkiyetriatlon@triatlon.org.tr](mailto:turkiyetriatlon@triatlon.org.tr)

+90 312 309 25

## 2. VENUE

### 2.1. GENERAL MAP



### 2.1. RACE VENUE

The 2024 World Triathlon Para Cup Yenisehir and 2024 Europe Triathlon Junior Cup Yenisehir has one venue. Located in Fenerbahçe Square



[Location](#)



## 2.2 COURSE FAMILIARISATION

Bike Familiarization: At the Transition Area (Mount Line).

During the bike familiarization Police and LOC will escort the athletes.

Swim Familiarization: At the Start area.

You will be able to have a swimming course familiarization at the swim course. During the swimming course familiarization there will be lifeguards and medical service available.

19.04.2024	Swim Familiarization-Para	12:00 – 13:00
19.04.2024	Swim Familiarization - Junior	13:00 – 14:00
20.04.2024	Bike Familiarization – All	06:30 – 07:15
20.04.2024	Run Familiarization – Para	07:15 - 08:00
20.04.2024	Swim Familiarization - Para	16:30 – 17:30

## 2.3. ATHLETE'S LOUNGE

The Athlete's Lounge will be located in Fenerbahce Meydani, 30m from the Transition Zone and 200m from Start Area. It will provide toilets and water. Bike mechanic service will be provided in Next to the Athletes Lounge. A recovery zone will be placed near the finish area. It will provide toilets and water. Massage service will be provided.

## 2.4. ATHLETES' RACE PACKAGE

For the Elite athletes race packages will be distributed after the briefing - please, have your ID/Passport with you. The briefing will take place at the Atatürk Kültür Merkezi. Please arrive at least 30 minutes earlier to register for the briefing.

19.04.2024	Race Briefing and Race Package Pickup-Junior	18:00 - 19:30	Atatürk Culture Center
20.04.2024	Race Briefing and Race Package Pickup-Para	18:30 - 20:00	Atatürk Culture Center

Composition of race package:

- Helmet numbers (3) & Bike number (1)
- Body decals for both arms & legs – 4 x sets
- Accreditation pass

### Para triathlon Registration fees:

The entry fee will be **50 \$** and can be paid by cash (\$) or credit card at the registration desk.

### Junior's Registration fees:

The entry fee will be **75 €** and can be paid by cash(€) or credit card at the registration desk.

## 2.5. DOPING CONTROL

Doping tests will be conducted according to World Triathlon/WADA rules by the Türkiye Anti-Doping Commission. The athletes must carry their identification to the doping control facilities. There will be a dedicated doping control room beside the recovery area. Athletes will undergo doping tests in these private rooms.

## 2.6. SECURITY

There will be local police and 112 emergency ambulance services at the venue. Additionally, there will be private security personnels to manage access control and crossing across control.

## 2.7. LOC OFFICE

LOC office will be open from April 15 till 22 April between 10:00 - 17:00 Yenişehir Belediyesi Atatürk Kültür Merkezi  
Address: Limonluk, 13. Cd. No: 11, 33120 Yenişehir/Mersin  
Location: <https://g.page/MyAKM?share>

## 3. ACCOMMODATION, TRANSFER AND TRANSPORT

OLCARTUR TURIZM VE SEYH.LT.D.STI is the official body for transportation and accommodation.

E-mail: [triathlon@olcartour.com](mailto:triathlon@olcartour.com)  
Address: OLCARTUR TURIZM VE SEYH.LT.D.STI  
GÜVENEVLER MH.  
1.CADDE 133/35 YENİŞEHİR MERSİN

For the para triathletes there will be transport available after the swim familiarization at the venue to race briefing venue. This will be from 17:30 to 17:50 on Saturday.  
Please inform the LOC Event Director Edip Kunt, [edip.kunt@yenisehir.bel.tr](mailto:edip.kunt@yenisehir.bel.tr) +905529450297 if you wish to use this service which will be free of charge.

## 5. ATHLETES' SERVICES

### 5.1. TRAINING

#### FACILITIES SWIM

Yenisehir Olympic Pool  
Address:Fuatmorel, 15. Cd. No:5/C, 33120 Yenişehir/Mersin  
Location: <https://goo.gl/maps/GwK1Jjpbiequ8krG7>

Pre-competition swim training can be done at the local 50m indoor pool free of charge for athletes. Pre-reservation is obligatory. For booking enquiries please send an email to the address indicated below.

[service@triathlonyenisehir.com](mailto:service@triathlonyenisehir.com)  
The beach is open for swimming under personal responsibility

#### BIKE

Roads are not closed to traffic for training sessions, therefore the local traffic regulations must be strictly followed at all times.

## **RUN**

Where: Nevin Yanit Running Track

Address: Deniz, İsmet İnönü Blv., 33150 Yenişehir/Mersin

Location: <https://goo.gl/maps/YZUD6wwZCd3d5sCn9>

Pre-competition training can be done at the tartan track free of charge for athletes. Pre-reservation is obligatory. For booking enquiries please send an email to the address indicated below.

[service@triathlonyenişehir.com](mailto:service@triathlonyenişehir.com)

**Para triathletes who wish to drop off their personal race items on Saturday can leave their equipment in the designated area within the LOC Area from 12:00 to 17:30, which will be both locked and secured from Saturday evening till Sunday morning.**

### **5.2. MEDICAL SERVICES**

First Aid and Emergency Medical Services will be available at the Registration area before and during the training sessions and during the race. There will be First Aid and Emergency Medical Services at the Race area on competition day.

Medical and Paramedical personnel will be available throughout the race. Several ambulances will be available to provide emergency transfers to a nearby hospital. A medical area will be provided on site at the finish area.

Medical services at the venue are free of charge. Treatment in private hospitals are to be paid by participants. Athletes / teams should make sure that they have appropriate medical insurance.

Closest hospital, address : Özel Mersin Yenişehir Hastanesi

Address: Güvenevler Mah. 20.Cad No:4 Forum Karşısı, 33140 Yenişehir Mersin

Location: <https://maps.app.goo.gl/G7aE6jqpYWz8hB3i7>

Emergency telephone number : 112

### **5.3. BIKE MECHANICAL SERVICE**

Official Bike mechanical partner [Shimano Türkiye](#) will be at the EXPO area, close to the transition area.



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## 2024 YENISEHIR WORLD TRIATHLON PARA CUP AND EUROPE TRIATHLON JUNIOR CUP PROVISIONAL EVENT SCHEDULE

**19** APRIL  
FRIDAY

12:00 - 13:00	Swim Familiarization (Para)	Venue
13:00 - 14:00	Swim Familiarization (Junior)	Atatürk Culture Center
18:00 - 19:30	Race Briefing and Race Package Pickup (Junior)	Atatürk Culture Center

**20** APRIL  
SATURDAY

06:30 - 07:15	Bike Familiarisation (ALL)	Venue
07:15 - 08:00	Run Familiarisation (Para)	Venue
12:00 - 13:00	Athlete's Lounge Open - Junior Women	Venue
12:30 - 13:15	TA Check in - Junior Women	Venue
12:45 - 13:15	Swim warm up - Junior Women	Venue
13:30	Race Start - Junior Women	Venue
14:45	TA Check out - Junior Women	Venue
14:30 - 15:30	Athlete's Lounge open - Junior Men	Venue
15:00 - 15:45	TA Check in - Junior Men	Venue
15:15 - 15:45	Swim warm up - Junior Men	Venue
16:00	Race Start - Junior Men	Venue
17:10	TA Check out - Junior Men	Venue
17:30	Award Ceremony - Junior Women and Men	Venue
16:30 - 17:30	Swim Familiarisation (Para)	Venue
18:30 - 20:00	Race Briefing and Race Package Pickup (Para)	Atatürk Culture Center

**21** APRIL  
SUNDAY

11:00 - 12:00	Athlete's Lounge open - ALL	Venue
11:15 - 12:15	TA Check in - ALL	Venue
11:30 - 12:15	Swim warm up - ALL	Venue
12:30:00	Race Start - PTVI1-Men	Venue
12:32:41	Race Start - PTVI2/PTVI3-Men	Venue
12:34:00	Race Start - PTVI1-Women	Venue
12:37:11	Race Start - PTVI2/PTVI3-Women	Venue
12:45:00	Race Start - PTWC1-Men	Venue
12:48:00	Race Start - PTWC1-Men	Venue
12:50:00	Race Start - PTWC1-Women	Venue
12:53:00	Race Start - PTWC2-Women	Venue
14:15 - 15:00	Swim warm up - PTS2/3/4/5-Women and Men	Venue
15:15:00	Race Start - PTS5-Men	Venue
15:16:00	Race Start - PTS5-Women	Venue
15:35:00	Race Start - PTS2/3/4-Women	Venue
15:45:00	Race Start - PTS4-Men	Venue
15:46:00	Race Start - PTS2/3-Men	Venue
17:15	TA Check out - ALL	Venue
17:45	Award Ceremony - Para	Venue



TÜRKİYE  
TRIATHLON  
FEDERASYONU



### 6.3. COMPETITION RULES

The event will follow the latest published Competitions Rules of the World Triathlon published [WT Competition Rules](#)

### 6.4. ATHLETES' BRIEFING

19.04.2024	Race Briefing and Race Package Pickup-Junior	18:00 - 19:30	Atatürk Culture Center
20.04.2024	Race Briefing and Race Package Pickup-Para	18:30 - 20:00	Atatürk Culture Center

### 6.5. TIMING CHIPS

At race Check-In, Athletes will be issued with their timing chip(s).

Athletes will also be given their numbered Swim Cap and must have their Uniform and Running shoes available to be checked for WT guideline compliance (photos will be taken). Bikes will be checked for safety and compliance on entry to the Transition Area.

### 6.6. RESULTS

Results will be uploaded to the World Triathlon official website [www.triathlon.org](http://www.triathlon.org).

### 6.7. PROTEST & APPEALS

Standard procedures will be followed according to the current World Triathlon Competition Rules.

## 7. ACCREDITATION

The LOC will provide all the Organizing Committee Members, TRI Technical Officials, Athletes, VIPs, media, technical staff, court personnel, volunteers, etc. with an official Accreditation Card.

Only accredited people will be allowed to access certain venue areas. Accreditation Cards provide access to specific areas of the competition. All accredited people are requested to carry their Accreditation Cards with them at all times and to show them upon request. Accreditation Cards are mandatory to enter the venue.

## **8. OTHER USEFUL INFORMATION**

### **8.1. LANGUAGE**

Türkiye's official language is Turkish.

### **8.2. POPULATION**

According to current information approximately 85 million 279 thousand 553 people are living in Türkiye.

### **8.3. CURRENCY**

The National Currency is Turkish Liras (TL)

### **8.4. TIME**

GMT +2

### **8.5 ELECTRICITY**

230V 50 Hertz

In Türkiye the power sockets are of type E.

### **8.6 WATER**

Do not drink tap water unless filtered

### **8.7 TELEPHONE CONNECTIONS**

+90 area code

## 9. COURSE MAPS



The start will be an in water start for the Para triathletes between 2 banner flags and a beach start for the juniors, featuring a blue numbered start carpet.

### 9.2 SWIM COURSE

Number of laps: 1 (one)

Distance of the course: 750m

Distance from the start to the first buoy: 300 m

The swim course is anticlockwise and follows the right side of the buoys, so all of the buoys should stay at athletes' left while passing.

Average water temperature: 18.5°C



**Triathlon Yenisehir Swim Course (1 Lap x 750 m)**  
Triathlon Yenisehir Yüzme Parkuru (1 Tur x 750 m)

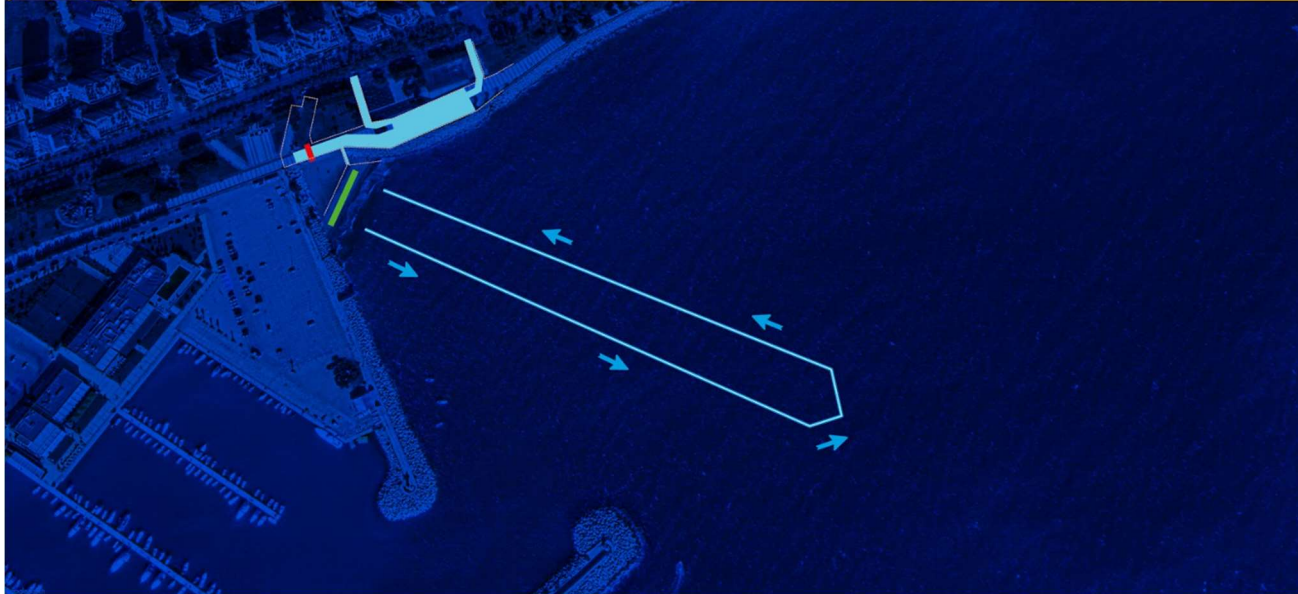


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### 9.3. TRANSITION 1

A flow through transition has been developed to keep athletes moving forward. Athletes enter the transition and must deposit swim equipment in their bin placed beside their bike rack. Athletes' names and/or numbers are displayed on the top of each bike rack. After the helmet is secured, athletes may unrack the bike by moving forward into the center lane and towards the mount line.



### 9.4. BIKE COURSE

Number of laps: 3 (three)

Distance of the course: 20.3km

Description: The bike course is anticlockwise and consists of high-quality smooth asphalt. Relatively flat. Team Wheel station will be located near the mount line, and is accessible from 2 sides of the course. Neutral wheel station will be located at far end turn point of bike course.







## 9.5. TRANSITION 2

After the last lap of the bike, athletes will turn right to reach the dismount line and transition area. They have to get off the bike before the dismount line. They run by holding the bike. Athletes enter the transition and must deposit the bike in their rack position and all used bike equipment into their box including helmet.



## 9.6 RUN COURSE

Number of laps: 2

Distance of the course: 5 km

Description: Flat course, clockwise.

Aid Station and Penalty Box locations:

There is 1 aid station 600m after the start of the lap accessible from both sides, therefore this aid station will be passed 4 times during the 5km run.

The penalty box is 50m before the end of each lap running towards transition or the finish chute.



Good luck